

CSIR ROAD RACE

SATURDAY

18 OCTOBER 2025

POWERED BY BESTMED MEDICAL SCHEME

RUN AND WALK

21.1 KM / 10 KM

06:00

5 KM | 06:15

FREE T-SHIRTS for the first 200 ONLINE Entries received in either the 10 km or 21.1 km races.

LUCKY DRAW FOR ONLINE ENTRIES:

5 pairs of Nimbus or Kayano as prizes from Run a Way Sport. (Value is R4000 a pair)



www.entryninja.com

CSIR MAIN CAMPUS,
MEIRING NAUDE ROAD,
BRUMMERIA, PRETORIA

ENTRIES: Online at www.entryninja.com

Close: Tuesday, 14 October 2025 at midnight

Entries also available at Run-A-Way Sport - 302 Freesia Street, Lynnwood Ridge, 012 361 3733

LATE ENTRIES available at the CSIR on the following collection dates:

Friday, 17 October 2025 from 14:00 – 18:00

DEBIT/CREDIT CARD PAYMENTS ONLY (no cash accepted)

ENTRY COLLECTIONS

Friday, 17 October 2025, CSIR South Gate, Meiring Naude Road, Brummeria from 14:00 - 18:00

Saturday, 18 October 2025, at CSIR North Gate, Meiring Naude Road, from 04:30 - 05:50

RACE RESULTS: results.finishtime.co.za

MEDALS

GOLD - All category winners and first man and first woman in the 5 km Fun Run

SILVER - Second place male and female in the 10 km and 21 km open categories

BRONZE - First 4 000 finishers within the cut-off time

FREE ENTRY for athletes aged 70 years and older on race day.



| RACE | ONLINE ENTRY FEE | LATE ENTRY FEE | MINIMUM AGE | START TIME | CUT OFF | PRIZE GIVING |
|---------|------------------|----------------|-------------|------------|---------|--------------|
| 21.1 KM | R200 | R230 | 16 years | 06:00 | 09:15 | 09:00 |
| 10 KM | R150 | R180 | 14 years | 06:00 | 08:00 | 09:00 |
| 5 KM | R60 | R70 | | 06:15 | | |

RACE RULES

- The race must be run in accordance with the rules of ASA and AGN.
- Athletes who are registered for the 10 km and 21.1 km races must wear the ASA 2025 license on the front and the back of the running vest. The official race number must be on the front of the vest and must not cover the logos on the license number.
- Non-licensed athletes in the 10 km and 21.1 km events must buy a temporary license for R70 and must wear the required temporary license at the back of the vest.
- All licensed athletes competing for category prizes must wear numeric category tags clearly visible on the back and front of the vest. Proof of age for prize winners will be required.
- Walkers competing for prize money must wear a clearly visible "W" tag on the front and the back of the vest.
- No seconding is allowed.
- No iPods or any listening devices are allowed.
- No blades, cycles or mechanically operated devices allowed in the race.
- No dogs allowed.
- The minimum age for 21.1 km is 16 years and 14 years for 10 km.
- Participants are required to obey the instructions of all traffic officials, race marshals and race referees.
- Runners are not allowed to run in someone else's number.
- No substitution allowed.
- International Foreign Athletes must purchase a temporary License Number and must produce clearance from their member federation if are contenders for Prizes.

GENERAL

- Participation at your own risk; the organizers accept no responsibility for any loss, damage, or injury.
- Parking is at your own risk.
- Club gazebos are welcome, Clubs are requested to set up Club trailers and gazebos on Friday, 17 October 2025 between 16:00 and 19:00.
- On race day the gate will be closed for vehicular traffic at 04:30. Only pedestrians will be allowed access from 4:30 to 11:00.
- Fire extinguishers are mandatory if a gas braai is used.
- A tog bag area will be available.
- Participation is at own risk. The organizers, sponsors, CSIR or any agents accept no responsibility for any loss, damage, or injury.
- Baby strollers are welcome on the 5 km run. NO strollers allowed on the 10 km and 21.1 km routes as the route profile is not suitable.
- Wheelchair athletes for the 10km and 21.1 km races are not allowed due to the route profile of the race.
- Medical assistance will be available.
- Refreshment stations will be at approximately every 3 km.
- The entry fee is not refundable.
- Please do not litter. Do not discard water sachets or cups in the gardens and drains.
- The cut-off time at 15km mark is 09:15. Any participant who is running 21.1 km who has not reached the Main Gate at 08:15 will not be permitted to complete the race. This is for safety reasons.

PRIZE MONEY

RUNNERS 10 KM CATEGORY

| Open Runners | Male | Female |
|--------------------------------|--------|--------|
| First place | R1 000 | R1 000 |
| Second place | R500 | R500 |
| Third place | R300 | R300 |
| Veteran: 40 - 49 | | |
| First Place | R250 | R250 |
| Second Place | R200 | R200 |
| Third Place | R180 | R180 |
| Masters: 50 - 59 | | |
| First Place | R250 | R250 |
| Second Place | R200 | R200 |
| Third Place | R180 | R180 |
| Great Master: 60 - 69 | | |
| First Place | R250 | R250 |
| Second Place | R200 | R200 |
| Third Place | R180 | R180 |
| Great-Great Master: 70+ | | |
| First Place | R250 | R250 |
| Second Place | R200 | R200 |
| Third Place | R180 | R180 |

RUNNERS 21 KM CATEGORY

| Open Runners | Male | Female |
|--------------------------------|--------|--------|
| First place | R2 000 | R2 000 |
| Second place | R1 000 | R1 000 |
| Third place | R400 | R400 |
| Veteran: 40 - 49 | | |
| First Place | R300 | R300 |
| Second Place | R250 | R250 |
| Third Place | R230 | R230 |
| Masters: 50 - 59 | | |
| First Place | R300 | R300 |
| Second Place | R250 | R250 |
| Third Place | R230 | R230 |
| Great Master: 60 - 69 | | |
| First Place | R300 | R300 |
| Second Place | R250 | R250 |
| Third Place | R230 | R230 |
| Great-Great Master: 70+ | | |
| First Place | R300 | R300 |
| Second Place | R250 | R250 |
| Third Place | R230 | R230 |

WALKERS 10 KM CATEGORY (no age categories)

| Walkers | Male | Female |
|--------------|------|--------|
| First place | R500 | R500 |
| Second place | R300 | R300 |
| Third place | R200 | R200 |

WALKERS 21 KM CATEGORY (no age categories)

| Walkers | Male | Female |
|--------------|--------|--------|
| First place | R1 000 | R1 000 |
| Second place | R500 | R500 |
| Third place | R300 | R300 |